

Roasted Cauliflower Soup with Honey-Hazelnut Praline Crumble

1 each head cauliflower, cut into florets Hazelnut Praline: 3 tablespoons Italian Ogliarola EVOO 1/2 cup hazelnuts, chopped 1 teaspoon salt 1/4 cup honey pinch of cracked black pepper 1 tablespoon **Honey Vinegar** 1 each medium yellow onion, peeled & minced 1 tablespoon Italian Ogliarola EVOO 2 each garlic cloves, peeled & minced pinch of salt 1/4 teaspoon ground nutmeg 3 cups vegetable or chicken broth 1 tablespoon fresh sage 1/2 cup low fat sour cream **Instructions:** Preheat oven to 400°F. Place cauliflower on a baking sheet, drizzle with 2 tablespoons of olive

Serves: 4

**Ingredients:** 

oil, and season with salt and pepper. Roast cauliflower for 15-20 minutes until tender and slightly golden. Remove from the oven and set aside. Heat 1 tablespoon of olive oil in a large pot over medium-high heat. Once hot, add onion, garlic and nutmeg, sauté until fragrant, about 1 minute. Add cauliflower and broth and bring to a simmer. Once simmering, reduce heat to medium-low, cover and continue to cook for 10 minutes. Meanwhile, preheat oven to 350°F. Combine hazelnuts with all praline ingredients in a medium bowl, toss to coat. Place hazelnuts on a parchment lined baking sheet and spread out in an even layer. Bake for 8-10 minutes or until golden brown and bubbly. Remove from the oven and let cool and harden at room temperature, then break and crumble into small pieces. Transfer cauliflower and broth to a food processor (working in batches if necessary), add sour cream and blend until smooth. Keep warm until ready to serve. Divide soup between bowls and sprinkle with praline topping. Garnish with chiffonade sage before serving.